

## Treating the Invisible Wounds of War

Over 1.6 million men and women have served in Operation Iraqi Freedom and Operation Enduring Freedom (OEF/OIF) to date. Almost half of those Service Members are married, and almost half have dependent children--the majority 5 years old and younger. In today's unique combat situation--where there is no front line and constant vigilance must be maintained on the ground, where individuals are serving as many as four deployments that are longer in duration than in the past, and where Service Members and Families are asked to give more because of our all-volunteer military--we're learning that, "The wounds of war are not limited to the battlefield."

Army OneSource has launched a formal campaign, supported by the U.S. Army, to encourage civilian health and Behavioral Health providers to complete a **FREE** online course in the series titled, "Treating the Invisible Wounds of War." This series of courses was designed to help primary care physicians, case workers, mental health providers, and other professionals - who may see a veteran or family member on an unrelated issue - develop a better understanding of the culture in which Service Members and Veterans, as well as their Families, live and work. The course also provides best practices for identifying, assessing, and treating Behavioral Health problems that result from the trauma of war.

### 1. **Treating the Invisible Wounds of War (TTIWW)**

Length: 4 Hours

Credit Type(s): 4.0 NBCC Hours - Provider #5470; 4.0 CNE Contact Hours (AP004-1211); 4.0 DC Contact hours; Contact Hours; 0.4 CEU; 4 Contact Hours (category B) CE for NC Psychologists

### 2. **TTIWW: A Primary Care Approach**

Length: 1 Hour

Credit Type(s): 1.0 AMA PRA Category 1 Credit, 1.0 AAFP Prescribed

### 3. **TTIWW: Issues of Women Returning from Combat**

Length: 3 Hours

Credit Type(s): 3.0 Contact Hours NBCC (Provider #5470), 3.0 CNE Contact Hours (AP004-1212), 3.0 Contact Hours, 0.3 CEU; 3.0 DC Contact hours; 3 Contact Hours (category B) CE for NC Psychologists

### 4. **TTIWW: Recognizing the Signs of mTBI during Routine Eye Examinations**

Length: 2 Hours

Credit Type(s): 2.0 COPE Hours (Course ID: 32660-NO), 2.0 Contact Hours, 0.2 CEU

### 5. **TTIWW: Understanding Military Family Issues**

Length: 3 Hours

Credit Type(s) 3.0 NBCC Credit Hours (Provider #5470); 3.0 Contact Hours; 0.3 CEU

In addition to better supporting Service Members, those who complete the course will:\nreceive a poster to display in their offices inviting Service Members and their Families to talk to a health professional about any troubling symptoms, receive a Certificate of Completion suitable for framing, be eligible for **FREE** Continuing Education Unit (CEU)

#### **INSTRUCTIONS:**

From your browser, go to <http://www.ahconnect.com/citizensoldier/>

**Step 1:** Click on **New Users tab** at the top of the screen

**Step 2:** Create a **personal user account** following the instructions on the screen

**\*NOTE:** Be sure to enter your **Army OneSource referral code: AOSVA-AMHCA** in the space provided. If you don't have a referral code, contact your local Army OneSource Community Support Coordinator.

**Step 3:** **Login** to the system using your new ID and password

**Step 4:** Click on **Courses tab** at the top of the screen

**Step 5:** **Select a course** you wish to complete.

**Step 6:** Click on **Register**

Once you complete the course, your CEU will be recorded, and you will have access to download and print a Certificate of Completion.

**Thank you for your support!**



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